



Maryland  
Hospital Association

February 7, 2023

To: The Honorable William C. Smith Jr., Chair, Senate Judicial Proceedings Committee

Re: Letter of Support - Senate Bill 190 - Correctional Services - Pregnant Incarcerated Individuals - Substance Use Disorder Assessment and Treatment

Dear Chair Smith:

On behalf of the Maryland Hospital Association's (MHA) 60 member hospitals and health systems, we appreciate the opportunity to comment on Senate Bill 190. The behavioral health crisis in Maryland affects approximately one in five Marylanders—from youth to senior citizens, across all socioeconomic levels. Unfortunately, our behavioral health system is fragmented, potentially harming access to care. Incarcerated pregnant women are an especially vulnerable population—in part because of their high-risk pregnancies and elevated rates of substance use.<sup>1</sup> SB 190 would improve their access to behavioral health care by requiring screening for substance use disorders and ensuring they are referred to a behavioral health provider and obstetrician.

In 2018, MHA's Behavioral Health Task Force released a "[Roadmap to an Essential Comprehensive System of Behavioral Health Care for Maryland.](#)" The first recommendation in the report is "to provide all patients with behavioral health screenings and, if necessary, referrals, as a part of their routine care, regardless of setting."<sup>2</sup> Viewing this recommendation through a broad lens to include Marylanders in correctional facilities furthers the goal of providing broad access to screening and referral to care—across all settings.

About 15% of children born in the United States are affected by drug or alcohol use each year.<sup>3</sup> According to data compiled in 2014, every 15 minutes, a baby was born with neonatal abstinence syndrome—equivalent to 100 babies per day, or 32,000 a year.<sup>4</sup> Neonatal abstinence syndrome results when a baby is exposed to certain drugs, most commonly opioids, while in the womb and

---

<sup>1</sup> The American College of Obstetricians and Gynecologists. Committee on Health Care for Underserved Women. (November, 2011). *Health Care for Pregnant and Postpartum Incarcerated Women and Adolescent Females*. [www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/Health-Care-for-Pregnant-and-Postpartum-Incarcerated-Women-and-Adolescent-Females?IsMobileSet=false](http://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/Health-Care-for-Pregnant-and-Postpartum-Incarcerated-Women-and-Adolescent-Females?IsMobileSet=false)

<sup>2</sup> Maryland Hospital Association. (2018). *Roadmap to an Essential Comprehensive System of Behavioral Health Care for Maryland*. [www.mhaonline.org/docs/default-source/publications/roadmap-to-an-essential-comprehensive-system-of-behavioral-health-care-for-maryland.pdf?sfvrsn=2](http://www.mhaonline.org/docs/default-source/publications/roadmap-to-an-essential-comprehensive-system-of-behavioral-health-care-for-maryland.pdf?sfvrsn=2)

<sup>3</sup> National Center on Substance Abuse and Child Welfare. (n.d.). *Infants with Prenatal Substance Exposure*. [ncsacw.samhsa.gov/resources/substance-exposed-infants.aspx](http://ncsacw.samhsa.gov/resources/substance-exposed-infants.aspx)

<sup>4</sup> Centers for Disease Control and Prevention. (n.d.). *Data and Statistics About Opioid Use During Pregnancy*. [www.cdc.gov/pregnancy/opioids/data.html](http://www.cdc.gov/pregnancy/opioids/data.html)

then experiences withdrawal after birth.<sup>5</sup> Ensuring all pregnant women, no matter where they are, are appropriately screened and referred for treatment also would help to improve health outcomes for their babies.

For these reasons, we request a favorable report on SB 190.

For more information, please contact:  
Brian Sims, Vice President, Quality & Equity  
Bsims@mhaonline.org

---

<sup>5</sup> March of Dimes. (n.d.) *Neonatal Abstinence Syndrome*. [marchofdimes.org/complications/neonatal-abstinence-syndrome-\(nas\).aspx](http://marchofdimes.org/complications/neonatal-abstinence-syndrome-(nas).aspx)