

Harm Reduction Works (HRW) is a fully scripted, Harm Reduction based, replicable, self-help group.

Meetings:

Tuesdays

11:30 AM-12:30 PM

**925 North Burhans Blvd.
Hagerstown, MD 21742**



WASHINGTON COUNTY

HARM REDUCTION WORKS

CONTACT US

Washington County Health
Department
Division of Behavioral Health Services

Address:

925 North Burhans Blvd.
Hagerstown, MD 21742

Phone:

240-313-3310

Website:

<https://washcohealth.org/>

**Language Line:
240-313-3391**

AN ALTERNATIVE TO ABSTINENCE ONLY

MUTUAL AID AND SELF-HELP

ORGANIZATIONS



**Independence. Compassion. Respect.
Community. Hope. Support.**

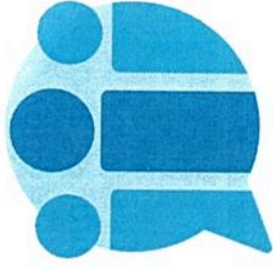
We Believe

- We Believe recovery is not the same as abstinence and abstinence is not always necessary for recovery
- We Believe creating stories that waver from the truth always have consequences
- We Believe everyone has the right to determine their path, even when others might judge that path self-destructive
- We Believe that we do and don't do affects those around us
- We Believe stigma divides people and destroy community
- We Believe we can figure out when to change and how to change if we decide to change
- We Believe meeting people where they are in their change process means respecting balance in relationship
- We Believe people deserve respect and compassion
- We Believe respecting each others' choices and actions is an expression of freedom
- We Believe another word for stigma is oppression
- We Believe each other

What Is Harm Reduction?

Harm Reduction refers to policies, programs, and practices that aim to minimize negative health, social, and legal impacts associated with drug use, drug policies, and drug laws.

Harm Reduction is grounded in justices and human rights—it focuses on positive change and on working with people without judgment, coercion, discrimination, or requiring that they stop using drugs as a precondition of support.



What Is Harm Reduction Works?

Harm Reduction is open to everyone interested in learning about Harm Reduction for any reason.

However, some meetings are specially focused for people currently using drugs including alcohol or who have a history using drugs or alcohol or may be considering drug and alcohol use for any reason.

All HRW meetings value keeping possibility of connection open with whomever shows up, regardless if a meeting is focused. Please self-select to be a witness to the meeting as our primary role, if a focus is on life experience different from your own

We Know

- We Know Harm Reduction works
- We Know Harm Reduction includes abstinence and all paths to abstinence
- We Know Harm Reduction includes continued use, continued use with less harm and no changes in behavior
- We Know Harm Reduction makes space for all stories and for all people to speak the truth of their lives
- We Know Harm Reduction supports people's efforts regardless of outcomes; everyone who changes behavior keeps trying until behavior changes
- We Know the War on Drugs has failed
- We Know Harm Reduction saves lives

