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Thank you for allowing me to be here today to share my story. My name is Dorothy Skrutskie and I used rainbow sherbet flavored e-liquid to quit smoking.

My journey to quit smoking cigarettes is a long and painful one. I started smoking at the age of 14 and smoked for 20 years. I tried everything I could to quit smoking cigarettes. Nothing worked. My friend finally dragged me into a vape shop. She used vaping to stop smoking as well. I was very skeptical, but walking into that vape shop is the best decision I have ever made for me and my health. As I mentioned before the flavor that worked best for me was rainbow sherbet. However, I also enjoyed caramel coffee flavored eliquid. Caramel coffee is something adults enjoy in many forms: vapes, vodka, and caffeine. But for some reason, we are only banning flavors for this one type of adult product.

Since then, I have went to many vape shops. I have never seen a teen in any of the vape shops I've visited. I am usually asked for my ID as soon as I enter the door. If anything Maryland Vape shops have done a very good job of self-regulating.

It is awesome to be able to play with my daughter without losing my breath. It is also amazing to hear my doctor tell me about how much my health has improved since I quit smoking and started vaping.

If you ban flavored eliquid, I am scared that I may end up going back to cigarettes if I cannot learn how to make my own juice properly. Being forced back to cigarettes would be detrimental to my health physically and emotionally.

I am asking Maryland legislatures to please consider people like me when you make bills. I use a mod, which is a larger vape device. It is not what teens are using illegally, but what I've heard some refer to as an open vapor system.

Please do not pass a flavor ban that will hurt not only me, but my daughter and my health. I want to live a long life and not die of the most preventable cause of death because lawmakers wouldn't listen to the people they are supposed to represent.

Thank you,

Dorothy Skrutskie