

State Of Maryland

2023 Bond Initiative Fact Sheet

1. Name Of Project		
Potomac Community Recreation Center Outdoor Fitness Facility		
2. Senate Sponsor	3. House Sponsor	
Feldman	Foley	
4. Jurisdiction (County or Baltimore City)	5. Requested Amount	
Montgomery County	\$230,000	
6. Purpose of Bond Initiative		
the acquisition, planning, design, construction, repair, renovation, reconstruction, site improvement, and capital equipping of the Potomac Community Recreation Center Outdoor Fitness Facility		
7. Matching Fund		
Requirements:	Type:	
Grant		
8. Special Provisions		
<input type="checkbox"/> Historical Easement	<input checked="" type="checkbox"/> Non-Sectarian	
9. Contact Name and Title	Contact Ph#	Email Address
Sen. Brian Feldman		Brian.Feldman@Senate.state.md.us
Alan Cohen		240-462-5000
10. Description and Purpose of Organization (Limit length to visible area)		
<p>For over 30 years, Friends of the Potomac Community Center (PCC), a nonprofit partner, has worked with Montgomery County Recreation Department to support social, educational, and athletic programs that enrich the lives of the community. These programs have made the PCC one of the busiest Centers in the County, with more than 100,000 patrons in 2022. Input from our Seniors and High School Student Advisory Board suggested and emphasized the need for an outdoor fitness and health facility. This would provide a safe space to exercise, an imperative during a time when so many are fearful of indoor facilities and provide access to fitness opportunities when the facility is closed in off hours.. Youth, teens, parents, and grandparents can all exercise together to enhance mental and physical well-being. The site is shovel ready and accessible to all.</p>		

11. Description and Purpose of Project (Limit length to visible area)

30% of workout facilities in the U.S. closed during COVID, increasing demand for outdoor fitness spaces. This will be the first Outdoor Fitness Park at a Recreation Center in MoCo. It's an innovative outdoor facility designed for a wide range of needs with specific equipment for seniors and people with mobility challenges. 1) Equipment is wheelchair accessible and includes a Bike, Cross Trainer Arm Bike (accessible from both sides providing easy access to a wheelchair user), Magnetic Bell Weights, and a Multi Net and Suspension Trainer. The adjustable strength training equipment provides a range of workout options for users of different capabilities. 2) open exercise/aerobic area provide a safe, quiet, level and soft space for individuals and groups--foundation is a rubber substance. 3) Student advisory board of PCC indicated their desire to use facility. 4) MoCo Police and Fire Units have casually remarked their officers could also use this facility.

Round all amounts to the nearest \$1,000. The totals in Items 12 (Estimated Capital Costs) and 13 (Proposed Funding Sources) must match. The proposed funding sources must not include the value of real property unless an equivalent value is shown under Estimated Capital Costs.

12. Estimated Capital Costs

Acquisition	
Design	
Construction	\$135,000
Equipment	\$120,000
Total	\$255,000

13. Proposed Funding Sources - (List all funding sources and amounts.)

Friends of the Potomac Community Center	\$25,000
State of Maryland	\$230,000
Total	\$255,000

14. Project Schedule (Enter a date or one of the following in each box. N/A, TBD or Complete)			
Begin Design	Complete Design	Begin Construction	Complete Construction
completed	completed	shovel ready	12 weeks from funding
15. Total Private Funds and Pledges Raised	16. Current Number of People Served Annually at Project Site	17. Number of People to be Served Annually After the Project is Complete	
25000.00	100,000 *	117,000**	
18. Other State Capital Grants to Recipients in the Past 15 Years			
Legislative Session	Amount	Purpose	
None			
19. Legal Name and Address of Grantee		Project Address (If Different)	
Friends of the Potomac Community Center 11315 Falls Road Potomac, Maryland 20854			
20. Legislative District in Which Project is Located	15 - Montgomery County		
21. Legal Status of Grantee (Please Check One)			
Local Govt.	For Profit	Non Profit	Federal
[]	[]	[X]	[]
22. Grantee Legal Representative		23. If Match Includes Real Property:	
Name:	Allan S. Cohen	Has An Appraisal Been Done?	Yes/No
Phone:	240-462-5000		
Address:		If Yes, List Appraisal Dates and Value	

24. Impact of Project on Staffing and Operating Cost at Project Site				
Current # of Employees	Projected # of Employees	Current Operating Budget	Projected Operating Budget	
N/A	0	0.00	0.00	
25. Ownership of Property (Info Requested by Treasurer's Office for bond purposes)				
A. Will the grantee own or lease (pick one) the property to be improved?			Own	
B. If owned, does the grantee plan to sell within 15 years?			No	
C. Does the grantee intend to lease any portion of the property to others?			No	
D. If property is owned by grantee any space is to be leased, provide the following:				
Lessee		Terms of Lease	Cost Covered by Lease	Square Footage Leased
E. If property is leased by grantee - Provide the following:				
Name of Leaser		Length of Lease	Options to Renew	
26. Building Square Footage:				
Current Space GSF		N/A		
Space to be Renovated GSF		N/A		
New GSF		N/A		

27. Year of Construction of Any Structures Proposed for Renovation, Restoration or Conversion	N/A
28. Comments	
<p>The Friends of the Potomac Community Center (PCC) in partnership with the Montgomery County Recreation Department has selected a 4400 sq ft unused open space to construct the 1950 sq ft Outdoor Fitness Park and a 2400 sq ft open exercise/aerobic area. These are above our playing fields, and next to our two storage buildings and picnic table/patio which we provided years ago. The site is handicap accessible and shovel ready. Once funding is secured, we will immediately order the equipment and have been advised that the manufacturer's contractors will be ready to install.</p> <p>The Outdoor Fitness Park at the PCC was designed to attract a wide range of ages, sizes, fitness levels and cognitive skills, with specific items for seniors and people with mobility challenges. The designated equipment is comfortable and provides effective training for all body types and does not require any skills or previous outdoor fitness equipment experience. This outdoor fitness area offers the same great workout available in indoor facilities but without the confinement of a traditional gym. The idea is to have a safe place for community members to gather and socialize while getting exercise with other members of their community at any time and without the fear of COVID infection.</p> <p>The Potomac Community Center Outdoor Fitness Park will have a rubber base and include the following equipment. A Bike, Cross Trainer and Arm Bike cardio equipment which use cell phone connectivity to progress towards cardiovascular fitness goals with 10 adjustable resistance levels. The Arm Bike is accessible from both sides and provides easy access to a wheelchair user. The Magnetic Bell weights, Multi Net and Suspension Trainer provide a wide range of workout options that everyone can perform at their own level. The easy-to-use adjustable strength training equipment has indoor functionality with outdoor quality. This equipment is ideal for active agers, athletes and people that just want to get healthy. Its durable, safe and has optimized simplicity for the user outdoors year-round.</p> <p>* More than 100,000 patrons visited the PCC last year for activities/programs ** We estimate more than 17,000 current and new patrons will use the Outdoor Fitness Park ***We have hundreds of children playing on the fields weekly while parents are waiting and watching - another group that will definitely use the fitness park. In addition, our high school students, seniors, and those who just want to be healthy are eager to use this new site. The goal of the Potomac Community Recreation Center Outdoor Fitness Park is to make outdoor fitness available to all members of the county at all times.</p>	