

# HOUSE BILL 1233

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CF SB 622

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By: Delegates Bromwell, Cullison, Frank, Hubbard, Kach, Kipke, Morhaim, Nathan-Pulliam, Oaks, Reznik, Szeliga, Tarrant, and V. Turner  
V. Turner, Costa, Donoghue, Elliott, Hammen, Krebs, McDonough, Murphy, Pena-Melnyk, Pendergrass, and Ready

Introduced and read first time: February 7, 2014

Assigned to: Health and Government Operations

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Committee Report: Favorable with amendments

House action: Adopted

Read second time: March 12, 2014

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## CHAPTER \_\_\_\_\_

1 AN ACT concerning

2 **Health Insurance – Step Therapy or Fail-First Protocol**

3 FOR the purpose of requiring the Maryland Health Care Commission to work with  
4 certain payors and providers to attain benchmarks for overriding a payor's step  
5 therapy or fail-first protocol; requiring the benchmarks to include, on or before  
6 a certain date, establishment, by each payor that requires a step therapy or  
7 fail-first protocol, of a process for a provider to override the step therapy or  
8 fail-first protocol of the payor; ~~limiting the duration of a step therapy or~~  
9 ~~fail-first protocol imposed by a certain insurer, nonprofit health service plan, or~~  
10 ~~health maintenance organization;~~ prohibiting the a certain insurer, nonprofit  
11 health service plan, or health maintenance organization from imposing a step  
12 therapy or fail-first protocol on an insured or enrollee under certain  
13 circumstances; prohibiting certain provisions of this Act from being construed to  
14 require certain coverage; repealing certain obsolete provisions of law; defining  
15 certain terms; making certain provisions of this Act applicable to health  
16 maintenance organizations; and generally relating to step therapy or fail-first  
17 protocols in health insurance policies and contracts.

18 BY repealing and reenacting, with amendments,

19 Article – Health – General

20 Section 19-108.2

21 Annotated Code of Maryland

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EXPLANATION: CAPITALS INDICATE MATTER ADDED TO EXISTING LAW.

[Brackets] indicate matter deleted from existing law.

Underlining indicates amendments to bill.

~~Strike out~~ indicates matter stricken from the bill by amendment or deleted from the law by amendment.



1 (2009 Replacement Volume and 2013 Supplement)

2 BY adding to

3 Article – Health – General

4 Section 19–706(oooo)

5 Annotated Code of Maryland

6 (2009 Replacement Volume and 2013 Supplement)

7 BY adding to

8 Article – Insurance

9 Section 15–141

10 Annotated Code of Maryland

11 (2011 Replacement Volume and 2013 Supplement)

12 SECTION 1. BE IT ENACTED BY THE GENERAL ASSEMBLY OF  
13 MARYLAND, That the Laws of Maryland read as follows:

14 **Article – Health – General**

15 19–108.2.

16 (a) (1) In this section the following words have the meanings indicated.

17 (2) “Health care service” has the meaning stated in § 15–10A–01 of the  
18 Insurance Article.

19 (3) “Payor” means:

20 (i) An insurer or nonprofit health service plan that provides  
21 hospital, medical, or surgical benefits to individuals or groups on an expense–incurred  
22 basis under health insurance policies or contracts that are issued or delivered in the  
23 State;

24 (ii) A health maintenance organization that provides hospital,  
25 medical, or surgical benefits to individuals or groups under contracts that are issued  
26 or delivered in the State; or

27 (iii) A pharmacy benefits manager that is registered with the  
28 Maryland Insurance Commissioner.

29 (4) “Provider” has the meaning stated in § 19–7A–01 of this title.

30 **(5) “STEP THERAPY OR FAIL–FIRST PROTOCOL” HAS THE**  
31 **MEANING STATED IN § 15–141 OF THE INSURANCE ARTICLE.**

32 (b) In addition to the duties stated elsewhere in this subtitle, the  
33 Commission shall work with payors and providers to attain benchmarks for:

1           **(1) [standardizing] STANDARDIZING** and automating the process  
2 required by payors for preauthorizing health care services; **AND**

3           **(2) OVERRIDING A PAYOR'S STEP THERAPY OR FAIL-FIRST**  
4 **PROTOCOL.**

5           (c) The benchmarks described in subsection (b) of this section shall include:

6           (1) On or before October 1, 2012 ("Phase 1"), establishment of online  
7 access for providers to each payor's:

8                   (i) List of health care services that require preauthorization;  
9 and

10                   (ii) Key criteria for making a determination on a  
11 preauthorization request;

12           (2) On or before March 1, 2013 ("Phase 2"), establishment by each  
13 payor of an online process for:

14                   (i) Accepting electronically a preauthorization request from a  
15 provider; and

16                   (ii) Assigning to a preauthorization request a unique electronic  
17 identification number that a provider may use to track the request during the  
18 preauthorization process, whether or not the request is tracked electronically, through  
19 a call center, or by fax;

20           (3) On or before July 1, 2013 ("Phase 3"), establishment by each payor  
21 of an online preauthorization system to approve:

22                   (i) In real time, electronic preauthorization requests for  
23 pharmaceutical services:

24                           1. For which no additional information is needed by the  
25 payor to process the preauthorization request; and

26                           2. That meet the payor's criteria for approval;

27                   (ii) Within 1 business day after receiving all pertinent  
28 information on requests not approved in real time, electronic preauthorization  
29 requests for pharmaceutical services that:

30                           1. Are not urgent; and



1 (iii) Not making medical referrals or prescribing  
2 pharmaceuticals.

3 (3) For a payor, the extenuating circumstances may include:

4 (i) Low premium volume; or

5 (ii) For a group model health maintenance organization, as  
6 defined in § 19–713.6 of this title, preauthorizations of health care services requested  
7 by providers not employed by the group model health maintenance organization.

8 (g) (1) On or before October 1, 2012, the Commission shall reconvene the  
9 multistakeholder workgroup whose collaboration resulted in the 2011 report  
10 “Recommendations for Implementing Electronic Prior Authorizations”.

11 (2) The workgroup shall:

12 (i) Review the progress to date in attaining the benchmarks  
13 described in subsections (b) and (c) of this section; and

14 (ii) Make recommendations to the Commission for adjustments  
15 to the benchmark dates.

16 (h) [(1) Payors shall report to the Commission:

17 (i) On or before March 1, 2013, on:

18 1. The status of their attainment of the Phase 1 and  
19 Phase 2 benchmarks; and

20 2. An outline of their plans for attaining the Phase 3  
21 benchmarks; and

22 (ii) On or before December 1, 2013, on their attainment of the  
23 Phase 3 benchmarks.

24 (2) The Commission shall specify the criteria payors must use in  
25 reporting on their attainment and plans.

26 (i) (1) On or before March 31, 2013, the Commission shall report to the  
27 Governor and, in accordance with § 2–1246 of the State Government Article, the  
28 General Assembly, on:

29 (i) The progress in attaining the benchmarks for standardizing  
30 and automating the process required by payors for preauthorizing health care services;  
31 and

(ii) Taking into account the recommendations of the multistakeholder workgroup under subsection (g) of this section, any adjustment needed to the Phase 2 or Phase 3 benchmark dates.

(2) On or before December 31, 2013, and on or before December 31 in each succeeding year through 2016, the Commission shall report to the Governor and, in accordance with § 2–1246 of the State Government Article, the General Assembly on the attainment of the benchmarks for standardizing and automating the process required by payors for preauthorizing health care services.

**[(j)] (I)** If necessary to attain the benchmarks, the Commission may adopt regulations to:

- (1) Adjust the Phase 2 or Phase 3 benchmark dates;
- (2) Require payors and providers to comply with the benchmarks; and
- (3) Establish penalties for noncompliance.

19–706.

**(OOOO) THE PROVISIONS OF § 15–141 OF THE INSURANCE ARTICLE APPLY TO HEALTH MAINTENANCE ORGANIZATIONS.**

#### Article – Insurance

**15–141.**

**(A) (1) IN THIS SECTION THE FOLLOWING WORDS HAVE THE MEANINGS INDICATED.**

**(2) “STEP THERAPY OR FAIL–FIRST PROTOCOL” MEANS A PROTOCOL ESTABLISHED BY AN INSURER, A NONPROFIT HEALTH SERVICE PLAN, OR A HEALTH MAINTENANCE ORGANIZATION THAT REQUIRES A PRESCRIPTION DRUG OR SEQUENCE OF PRESCRIPTION DRUGS TO BE USED BY AN INSURED OR AN ENROLLEE BEFORE A PRESCRIPTION DRUG ORDERED BY A PRESCRIBER FOR THE INSURED OR THE ENROLLEE IS COVERED.**

**(3) “STEP THERAPY DRUG” MEANS A PRESCRIPTION DRUG OR SEQUENCE OF PRESCRIPTION DRUGS REQUIRED TO BE USED UNDER A STEP THERAPY OR FAIL–FIRST PROTOCOL.**

**(4) “SUPPORTING MEDICAL INFORMATION” MEANS:**

1                   (I) A PAID CLAIM FROM AN ENTITY SUBJECT TO THIS  
2 SECTION FOR AN INSURED OR AN ENROLLEE;

3                   (II) A PHARMACY RECORD THAT DOCUMENTS THAT A  
4 PRESCRIPTION HAS BEEN FILLED AND DELIVERED TO AN INSURED OR AN  
5 ENROLLEE, OR A REPRESENTATIVE OF AN INSURED OR AN ENROLLEE; OR

6                   (III) OTHER INFORMATION MUTUALLY AGREED ON BY AN  
7 ENTITY SUBJECT TO THIS SECTION AND THE PRESCRIBER OF AN INSURED OR AN  
8 ENROLLEE.

9           (B) (1) THIS SECTION APPLIES TO:

10                   (I) INSURERS AND NONPROFIT HEALTH SERVICE PLANS  
11 THAT PROVIDE HOSPITAL, MEDICAL, OR SURGICAL BENEFITS TO INDIVIDUALS  
12 OR GROUPS ON AN EXPENSE-INCURRED BASIS UNDER HEALTH INSURANCE  
13 POLICIES OR CONTRACTS THAT ARE ISSUED OR DELIVERED IN THE STATE; AND

14                   (II) HEALTH MAINTENANCE ORGANIZATIONS THAT PROVIDE  
15 HOSPITAL, MEDICAL, OR SURGICAL BENEFITS TO INDIVIDUALS OR GROUPS  
16 UNDER CONTRACTS THAT ARE ISSUED OR DELIVERED IN THE STATE.

17                   (2) AN INSURER, A NONPROFIT HEALTH SERVICE PLAN, OR A  
18 HEALTH MAINTENANCE ORGANIZATION THAT PROVIDES COVERAGE FOR  
19 PRESCRIPTION DRUGS THROUGH A PHARMACY BENEFITS MANAGER IS SUBJECT  
20 TO THE REQUIREMENTS OF THIS SECTION.

21           ~~(C) IF AN ENTITY SUBJECT TO THIS SECTION IMPOSES A STEP THERAPY~~  
22 ~~OR FAIL-FIRST PROTOCOL ON AN INSURED OR ENROLLEE, THE DURATION OF~~  
23 ~~THE STEP THERAPY OR FAIL-FIRST PROTOCOL MAY NOT EXCEED:~~

24                   ~~(1) ANY PERIOD AGREED TO BY THE INSURED'S OR ENROLLEE'S~~  
25 ~~PRESCRIBER AND THE ENTITY TO DETERMINE THE CLINICAL EFFECTIVENESS~~  
26 ~~OF THE STEP THERAPY DRUG; OR~~

27                   ~~(2) 30 DAYS.~~

28           ~~(D)~~ (C) AN ENTITY SUBJECT TO THIS SECTION MAY NOT IMPOSE A  
29 STEP THERAPY OR FAIL-FIRST PROTOCOL ON AN INSURED OR ENROLLEE IF:

30                   (1) THE STEP THERAPY DRUG HAS NOT BEEN APPROVED BY THE  
31 U.S. FOOD AND DRUG ADMINISTRATION FOR THE MEDICAL CONDITION BEING  
32 TREATED; OR

1                   **(2) A PRESCRIBER ~~DOCUMENTS AND NOTIFIES~~ PROVIDES**  
 2 **SUPPORTING MEDICAL INFORMATION TO THE ENTITY THAT A PRESCRIPTION**  
 3 **DRUG COVERED BY THE ENTITY:**

4                   **(I) WAS ORDERED BY ~~THE~~ A PRESCRIBER FOR THE**  
 5 **INSURED OR ENROLLEE WITHIN THE PAST ~~365~~ 180 DAYS; AND**

6                   **(II) BASED ON THE PROFESSIONAL JUDGMENT OF THE**  
 7 **PRESCRIBER, WAS EFFECTIVE IN TREATING THE INSURED'S OR ENROLLEE'S**  
 8 **DISEASE OR MEDICAL CONDITION.**

9                   **~~(E)~~ (D) THIS SECTION MAY NOT BE CONSTRUED TO REQUIRE**  
 10 **COVERAGE FOR A PRESCRIPTION DRUG THAT IS NOT:**

11                   **(1) COVERED BY THE POLICY OR CONTRACT OF AN ENTITY**  
 12 **SUBJECT TO THIS SECTION; OR**

13                   **(2) OTHERWISE REQUIRED BY LAW TO BE COVERED.**

14                   SECTION 2. AND BE IT FURTHER ENACTED, That this Act shall take effect  
 15 July 1, 2014.

Approved:

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Governor.

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Speaker of the House of Delegates.

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President of the Senate.